

Linking Experience & Outcome

For more than 30 years, **Community Solutions'** Directors and Coordinators have planned, developed and delivered specialized, community-based rehabilitation and support services to people with varying abilities. Since 1989, they have worked exclusively with Ontario residents who have sustained an *Acquired Brain Injury*.

Community Solutions' Program Coordinators are:

- central to the training and ongoing supervision of all **Community Solutions'** RAs, CSWs and PSWs/Attendants;
- committed to developing positive working relationships with other professionals, projecting costs, designing appropriate goals and matching the individual's needs with the staff skills;
- trained, knowledgeable and experienced in specialized ABI service provision;
- participants in OBIA/Brock University-Home & Community-Based Rehabilitation Programs, Level I and II Certification;
- focused on setting the tone and direction for the RAs, CSWs and PSWs/Attendants;
- highly skilled in leadership and supervision;
- active in the education and support of the individual and his/her family members or caregivers;
- able to identify appropriate community resources; and
- members of the Canadian Association of Rehabilitation Professionals and OBIA.

A long list of satisfied individuals provides a compelling testimonial to the validity of our Person/Community-Centred Service Model and our track record speaks for itself. **Community Solutions'** approach encourages individuals to remain committed to their rehabilitation or program plan for its duration and to assume responsibility for the widest possible range of skills, while striving to live their lives as independently as feasible.

Linking with Us Community Solutions Ltd.

Canadian owned and operated, **Community Solutions** is a well-established provider of community-based ABI services with offices throughout Ontario. We have built a sound reputation as specialists in *support services for individuals with an Acquired Brain Injury*.

We believe that individuals, families and organizations have their own very special requirements and that, by offering a comprehensive personalized service, **Community Solutions** can effectively match our staff to those needs.

Referrals can be made by fax, phone or email. Relevant rehabilitation reports should accompany referrals. Approval from the funding source is obtained prior to services commencing.



To make a referral, to find out more about us or to discuss if our ABI services can be of help to you, please call our toll-free number:

• 1-800-430-6523

• Service Areas

Cobourg/ Port Hope,
Barrie, Belleville/ Kingston,
Parry Sound/ Muskokas,
Peterborough, Greater Toronto
& other locations throughout Ontario.



Community Solutions Ltd.

*Linking ABI, Rehabilitation
& Community Living*

Specialized Support Services for Individuals with an Acquired Brain Injury

"The competence and insight displayed by Community Solutions have allowed an almost unbearable situation to be manageable. I now have someone, who can bring into the "team" individuals who are highly trained in the field of Acquired Brain Injury and who can track the progress, as well as foresee future needs."

— David W.,
Parent of a child with Acquired Brain Injury

Linking ABI & Community

Community Solutions specializes in assisting individuals with an *Acquired Brain Injury* to re-establish their lives in their own homes and communities. Services are available throughout the province of Ontario, up to twenty-four hours per day and seven days per week.

Our team provides an essential, re-integration link between a hospital or clinical environment and a more natural setting. As a result, **Community Solutions** frequently becomes involved with the individual, immediately prior to or just after discharge from hospital, complementing the existing interdisciplinary team. This facilitates a smooth transition from one setting to the next and allows rehabilitation gains to be incorporated into the natural home, work, educational and recreational/leisure environments.

The individual is involved in as much of the rehabilitation planning as possible. In addition, both the person and the family play a crucial role in the matching of staff.

Community Solutions instills in our staff a genuine concern for the individual's welfare, as well as a creative sense of teamwork and collaboration. Strong relationships with health care professionals and the community help to achieve optimal results. A person-centred philosophy is an integral part of each staff member's approach.

"Their knowledge of the needs of the ABI population and of the services available to them, is extensive and qualifies them as exceptional advocates."

— Jennifer H., Msc., CCRC,
Future Care Cost Associate

"Community Solutions works collaboratively with the client, family and appropriate service providers to ensure a coordinated team approach, which fosters maximum growth of the total rehabilitation needs of the client and family in a cost-effective and efficient manner."

— Linda C., Physiotherapist,
Private Practice

Linking Needs & Services

The **Community Solutions'** support team is committed to:

- facilitating and supporting the implementation of ongoing, community-based rehabilitation and personal care;
- assisting in a functional context, according to individual needs, up to 24 hours/day, 7 days/week;
- developing and implementing strategies and/or supports that facilitate active community participation;
- providing the specialized, one-to-one assistance necessary for supported independent living; and
- enhancing the quality of life for individuals with an *Acquired Brain Injury*.

One-to-one services are provided by:

- Rehabilitation Assistants
- Community Support Workers
- Personal Support Workers/Attendants
- Social Worker/Family Counsellor
- ABI Support Groups

Service & Support may encompass these activities:

- Life Skills Coaching
- Job Coaching
- Behavioural Interventions
- Recreation & Leisure Participation
- Academic/Educational Assistance & Tutoring
- Family Education & Counselling
- Personal Care
- Housekeeping

Linking Principles & Practice

Community Solutions' unique Person/Community-Centred Service Model improves the potential for success.

Our interdisciplinary and cohesive team approach offers:

- optimal collaboration with referral sources and open communication with rehabilitation teams and families;
- professional ethics, combined with a knowledge of pertinent legislation;

Linking Training & Accountability

All staff are trained and supervised by experienced Program Coordinators, and participate in a comprehensive continuing education program to equip them with up-to-date knowledge and skills. A case in point is our annual, intensive professional development/staff training and case consultation with specialists, *Dr. Mark Ylvisaker*, Speech-Language Pathologist, and *Dr. Tim Feeney*, Psychologist. They are both well-published, international consultants in brain injury rehabilitation, involved in ABI school and community support groups. Our proud association with these highly reputable experts in the field of ABI is greatly valued by all members of the **Community Solutions'** team.

Our staff contributes to **Community Solutions'** mission values by supporting every aspect of our operation with their knowledge, experience, interaction and sharing of innovative solutions. Their commitment reflects the foundation of our company — people!

Specialist knowledge also ensures that rehabilitation gains are incorporated into relevant action plans and regular progress reports are provided. Built into this process is the application and approval of projected costs to accompany the complete and thorough documentation of every phase of the individual's program.

- increased consistency through multi-skilled, designated staff assignments;
- competent management of multiple, complex needs;
- a variety of resources to ensure flexibility of support and address changing needs of individuals and families; and
- continuity of quality care and support.